

Fifty Cents the Year -- Nine Numbers

# The Forestonian

Vol. III

Mount Vernon, Wash.

No. 6

## Thots On "Steps To Christ"

Tho the way be strewn with thorns,  
And rugged the steeps we climb;  
The Master has gone before  
And stands in Gods presence sublime.

By His love He beckons us  
To walk the heavenly way,  
And in patient mercy waits  
When we coldly say Him "Nay."

O blessed Master, Christ!  
The holy Son of God!  
Lead Thou our footsteps on  
In paths Thy pierced feet have trod.

Eva M. Davis

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MARCH 1915

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Moldstad & Company

HOME OF GOOD CLOTHES

# The Prestonian

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Vol. III

March, 1915

No. 6

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## 'TIS MORNING

A. Della Moore

O 'tis morning, O 'tis morning!  
Prayfully the breezes blow,  
Cares of day not yet beginning,  
Joys most sweet like rivers flow.  
Flowers are waking,  
Leaves are shaking,  
O 'tis morning!

Shadows of the night are vanished,  
Now the lovely morn is here,  
What care we for night's sweet slumber?  
While the daylight brings us cheer.  
Sunlight beaming,  
Bright flowers gleaming,  
O 'tis morning!

Lilies bloom and nod a welcome,  
To the butterfly and bees:  
Gracefully the grass is waving,  
In the gentle morning breeze.  
Daisies frilling,  
Birds are trilling,  
O 'tis morning!

In the glorious light of morning  
See the rose-buds open wide  
Now the buttercups are gleaming  
While the violets meekly hide.  
Bluebells ringing,  
Hear their tingling;  
O 'tis morning!

Nature sings aloud in chorus  
While the brooklet leaps with song;  
And the twittering birds so gaily  
Join the lay with accents strong.  
Bluebirds winging,  
Larks are singing;  
O 'tis morning!

Think not of the shades of evening  
While we sing our evening song,  
For the light of morning glory  
Will not last for aye.  
Dewdrops shining,  
No repining,  
In the morning.



Time is a treasure, which, unlike other precious  
gems, once lost can never be regained; so guard it well.

R. W. Conard

## LIFE IS WHAT WE MAKE IT

Ben Smith

GOD has bestowed upon us the great privilege of shaping our lives as we think best: either for good or bad. We are at liberty to make our life a blessing or a curse.

Whatever our position in life may be, we should strive to make life a success; a power for good which will enlighten and help some one else. It may be that you are a business man and suddenly brot face to face with some great difficulty. You become fearful and wonder what you shall do next. To continue in such a state of mind would be fatal; for when anxiety steps in, correct judgment passes out. But, if you will only take advantage of a quiet hour in the early morning, confining yourself to some solitary place where you know that you will be free from intrusion; and then forcibly direct your mind away from the object of anxiety by dwelling upon something eternal, something that is really worth while, you will be surprised what a change will gradually and almost unknowingly come over you. Your anxiety will pass away. You will realize a calm strength gradually creeping into your mind. When this is accomplished you may convert your mind to the solution of your difficulty. Now it will grasp easily, that which was so difficult before.

That which we harbor in our mind will sooner or later show itself in our outward life. It is impossible to

(continued on page 9)

MEMORIES  
from  
THE STAFF OF '14

What One Gets For Working  
Marie L. Young

Occasionally one meets those who are continually seeking to get out of life its full value without putting anything into it. The physical law that energy can neither be created nor destroyed applies also to every-day life; and those who seek for the best of life must give full measure in earnest effort.

One is apt to envy the skilled musician's talent, but seldom does envy express the same feeling concerning the hours and days of effort it took to gain that talent. Every achievement costs effort. Few of the world's heroes inherited their greatness.

The earlier one learns to look upon life as a decided reality, with problems to be met and solved, the wiser and happier that individual; and the better chance he stands of making his name known outside his own country.

Merely to work is not enough however; for it is effort guided by principle that accomplishes perfection. To have an aim in view and labor to that end is the most practical advice obtainable. When the aim is thoroly established, every exertion can be bent round that as a center widening the circle of experience and increasing the capabilities. He who shambles aimlessly thru life cannot expect to compete with another who has systematically drilled his faculties for the same task.



Marian Heywood

Literary Editor

L. G. Steck

News Editor

Marie L. Young

Circulation Manager

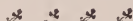
Lyle C. Wilcox

Editor in Chief

V. C. Becraft

Business Manager

Then if we desire any measure of success let us put our whole selves into every day and its duties; for of little value is that which one gets for nothing.



Because you cannot do everything, do not sit with folded hands and do nothing. ---Ed.

It is better to try and fail than to succeed by chance

V. C. B.

## THE PATH OF DUTY

Lyle C. Wilcox

THE path of duty is not always the one that affords us the most pleasure in traveling, not always the one of our own choosing, nor the one that consults our likes and dis-likes. The path of duty may lead us thru severe disappointment. It may compel us to give up some cherished hope or fond ambition; it may lead us thru some unplesant experiences,--- experiences that we cannot understand why we are called upon to pass thru. The path that we have mapped out for ourselves may lead in the opposite direction to the path of duty; yet our own way seems right to us, and we think that it will lead to ultimate success.

But let us sacrifice our own way and follow faithfully the path of duty. It will never lead us astray. The more severe the trials it leads us thru, the steeper and higher the mountains we have to surmount, the higher will be our achievements, and the greater our success. "The path of duty is the way to glory."



## VARISEMBLANCE

L. G. Steck

THE other morning I picked up a magazine and on opening it my attention was arrested by the following fifteen words:---

"In idle wishes fools supinely stay:



Be there a will, and wisdom finds a way."

Since then I have been thinking of the little saying; wondering if it would be true in every case. I will mention one or two of the many cases that have come to my mind, which to me proves its reliability.

Not long ago while I was repairing a fence along the road, a man came along carrying a bundle (his bed), as he came up to where I was he carelessly dropped his burden, and aimlessly sat down by it; and at the same time asked if I knew where a fellow could get a job. From the short conversation that followed anyone could tell that he did not really want employment, he was merely looking for a job. I felt confident that he would have been disappointed if he should get a job,--- another ship at sea without a rudder.

Another example to prove the reliability of wisdom was brot to my attention this morning in physiology class. Hanging in a tall box there in the class room was a human skeleton. I am told that this is the skeleton of one who has been a physiology teacher of one of our colleges. This person wished at one time that she could be of some use to humanity after death. She even willed to do so if were possible: and wisdom found the way.

No doubt there are many loyal Forestonians who cannot now see how it is possible for them to return to school next year, perhaps they are wishing every day that they could. To such I would say, WILL to be back and when school opens wisdom will have a way provided and you will be back.

## TRUSTING IN HIM

God's ear is ever open our faintest call to hear,  
Then do not be discouraged tho trials do oft  
appear:

But trusting Him He'll give us strength that  
will endure;

Tho we are weak and fainting God's word is  
always sure.

The work of years tell us that God may use  
the weak:

He helps the faint have courage, the slow of  
speech to speak.

He'll lead his own to victory. He says "Be of  
good cheer.

I am with thee, I will help thee; all the path  
I've trod."

Then do not be discouraged, tho oft the path  
is drear:

He'll lead his own to victory, He says "I am  
thy God."

R. O. K.



(continued from page 3)

keep our thots to ourselves; for "out of the abundance of the heart the mouth speaketh." What we are, so is our world. Our surroundings are just what we make them. We are responsible for our own troubles.

If you have not yet realized this, take a day off and see for yourself. Try to forget yourself by overcoming the misery of grasping. Try being accommodating even if it does cause you to move out of your owu rut.

Lose yourself in the welfare of others; forget yourself in a'l that you do; ever be on guard against selfishness, and learn faithfully the lesson of sacrifice: then you will have the double blessing of making others happy as well as yourself.

The proverb of centuries "You reap what you sow" comes to us with ever increasing importance, and we determine once more that the seed sown will be of the very highest quality.



If you are looking for something to criticise, the devil's supply is unlimited.---from a chapel talk.



Work is our atmosphere of living; leisure our sphere of existance.

Do not let your body control your mind: make your mind control your body.

## The Forestanian

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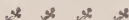
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True indeed are the lines, "We live to do the duties of our lives; not to spend all our years in preparation," but truer still is the solemn fact that preparation must be acquired if success is achieved.

The minor preparation must be acquired, before the major difficulties arise; and, if not secured in our school days, will be bitter lesson learned on the seas of life.



The world is full of people who plod along day after day and accomplish practically nothing. Such are never in demand. In fact, if they were suddenly blotted out of existence, they would never be missed.

All of this is due to the lack of efficiency; the ability, not merely to work, but to accomplish something. To work is one thing, to accomplish something another. Any one can work, but the one who makes his work yield one hundred per cent. plus (spiritually, physically and financial-

ly), is the one who rises head and shoulders above those about him.



"We cannot create men: we must take such as we find: and IT IS EASIER to modify by circumstances the feelings and conduct of an able servant, than to supply his place" is a lesson that, sooner or later, must be learned by all.

We must overlook minor faults with a smile of approbation.



Gossip, GOSSIP! Yes Gossip. He needs no introduction. He is known by all. To some he has become a very intimate friend and frequent visitor. Without his visits they would be exceedingly lonesome. They have made him their spokesman, and encourage his company at all times and on all occasions. They have not considered that his presence causes more hard feelings, looses more good friends, wastes more valuable time, and accomplishes less than any other chum they might choose.

True as it is, there are many who waste enough time gossiping to acquire a good education.

Then let us be careful, for only by again passing thru the fire can the crooked rod be straightened.



A determined effort will accomplish wonders. Why try, try and try with a half-hearted will and accomplish nothing?

## THE WORK OF CHRISTIANS

Julia Benson

(continued from January number)

The light keeper must daily trim and polish his light to make it beam forth as brightly as possible. But even tho a captain saw the light and heeded not the beams of warning and was dashed upon the rocks the life-saving crew would work just as faithfully to save him and his crew.

Sometimes we toil and labor and see no results of faithfully letting our lights shine, but the Saviour is sure to do His part.

Perhaps He will let sorrows or even ship-wrecks come to the careless captains, but that may be His way of answering our prayers and drawing us nearer to Him. But if we would see results of our efforts we must polish our lamps by reading daily from the word of God (the only source of true knowledge), fully consecrate our lives to the Master, and be willing to go whenever and wherever He calls.

Our crowns are being constructed now, the Saviour longs to see us carrying out the commission given us so that He may fill our crowns with stars.



The only right time to do a wrong act is --- never.

T. E. Bartholomew

## STABILITY

Evelyn Young

On a cliff towering high above its neighboring hills grew a lone pine tree. Tall and stately it stood as if in defiance to the strong mountain winds which whistled thru its branches.

Was it an ill wind which centuries before had picked up the tiny seed and carried it so many miles over the great forests and still higher over the great hills until at last it reached its destined home on this bleak barren rock? Surely not, for it is from the life of this one tree that one of our greatest morals is illustrated.

When but a small tree the cruel winds lashed the tender stalk back and forth until it seemed as tho it would be torn from the ground and hurled into the valley below. Instead, it fastened its tiny roots more securely to the side of the rock and gradually it became stronger. Larger it grew and still more able to resist the strong winds which seemed determined to destroy the young life.

Now it stands in all its majesty and grandeur, nothing daunted by the tempests that would unearth it.

Are we, like the pine tree, going to withstand all these trials, trusting in our Father's promise that we will not be tempted greater than we are able to bear, or are we going to allow the tempests to tear us from the Rock and hurl us down into the valley of destruction?

The students of the Grayville Academy (Grayville, Tenn.) had occasion to show their metal on February the eighteenth when the young ladies dormitory, a three story building, was burned to the ground.

The building was steam-heated and the cause of the fire is unknown, but it is thot to have started in the dinning room. The bakery which was situated about twenty feet away was also burned.

The passage ways were blocked by the fire so that it was with difficulty that the young ladies escaped from the burning building. There were no serious injuries except that of Miss Roberts from Nashville, who recieved a broken wrist and an injured back in jumping from the second story.

It is fortunate that the sanitarium was unoccupied as this will no doubt be used for a dormitory the rest of the term.

There was nothing saved and the lowest estimate of the loss is \$5,000.

Our deepest sympathies are to our sister academy in her loss.

Mr. Oliver Shrewsbury visited old acquaintances in the village the latter part of the week. He has accepted the position of canvassing agent for the Western Washinatn Conference.

Mrs. Reinke is still confined to her bed, and is improving very slowly.



Professor and Mrs. Rees returned Friday from Portland, Oregon, where Professor Rees had gone for treatment. We are glad to report that his health has improved very much.

The Conference Committee met with the members of the Mt. Vernon Church Thursday and arranged for the continuation of the school under the supervision of the church. Prospects look bright for the coming school year.

Mr. Albion Piper visited with his parents in Seattle a few days last week.

The sound of the power washing machine is a very pleasant tune when compared to the weary rub of the wash-board.

The Never Give Up Improvement Association has been watching and waiting, but as the clouds are beginning to rise from above Forest Home, and the good long, bright spring days are coming on, new plans for work will soon be laid.

The time of the year is fast drawing on when attacks of Spring Fever are more or less frequent. The best preventive is good hard work.

We all appreciated the short visit of Professor Griggs very much, and were sorry that he could not remain with us longer.

Elders Johnson and Holbrook remained with us over the Sabbath.

# Eyes Hurt Head Ache

---

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NOT MEDICINE

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## FOR THE TABLE

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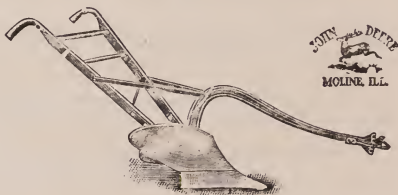
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In algebra it is necessary to use plus and minus signs to denote the value of numbers. Like algebraic quantities, many people carry a plus sign (usually a superfluity of words, principally self-praise) with them, thus thinking to conceal their real value ---Ed.